## **WEST RUSK ISD LUNCH MENU**

| MONDAY  | TUESDAY   | WEDNESDAY  | THURSDAY   | FRIDAY  |
|---|---|--|--|---|
|   |   | 1 <sup>ST</sup> CORNDOG OR<br>MINI CORNDOGS<br>BAKED BEANS<br>CELERY STICKS<br>ROSY APPLESAUCE<br>MILK CHOICE              | 2 <sup>ND</sup> PIZZA CHOICE<br>BROCCOLI SALAD<br>SEASONED CORN<br>SLICED PEACHES<br>MILK CHOICE                                     | 3 <sup>RD</sup> CHEESEBURGER<br>OVEN FRIES OR TOTS<br>BABY CARROTS<br>BURGER GARNISH<br>BANANA<br>MILK CHOICE |
| 6 <sup>TH</sup> INSERVICE DAY   | 7 <sup>TH</sup> BEEFY BURRITO<br>SEASONED CORN<br>PINTO BEANS<br>FRESH ORANGES<br>MILK CHOICE   | 8 <sup>TH</sup> PIZZA CHOICE<br>CHEESY BROCCOLI<br>BABY CARROTS<br>APPLESAUCE CUP<br>MILK CHOICE                           | 9 <sup>TH</sup> CHICKEN NUGGETS<br>OR CHICKEN DRESSING<br>SWEET POTATOES<br>GREEN BEANS<br>FROZEN BLUEBERRIES<br>ROLL<br>MILK CHOICE | 10 <sup>TH</sup> CHICKEN SANDWIG<br>OVEN FRIES OR TOTS<br>CELERY STICKS<br>BANANA<br>MILK CHOICE              |
| 13 <sup>TH</sup> BREADED CHICKEN<br>MASHED POTATOES<br>COOKED CARROTS<br>FRESH APPLES<br>ROLL<br>MILK CHOICE    | 14 <sup>TH</sup> SOFT TACO<br>SEASONED CORN<br>REFRIED BEANS<br>FRESH ORANGES<br>MILK CHOICE    | 15 <sup>TH</sup> FISH STICKS OR<br>CATFISH FILLETS<br>BAKED BEANS<br>COLESLAW<br>MACARONI & CHEESE<br>APPLESAUCE CUP       | 16 <sup>TH</sup> PIZZA CHOICE<br>BROCCOLI SALAD<br>SEASONED CORN<br>STRAWBERRY CUP<br>MILK CHOICE                                    | 17 <sup>TH</sup> CHEESEBURGER OVEN FRIES OR TOTS BABY CARROTS BURGER GARNISH BANANA MILK CHOICE               |
| 20 <sup>TH</sup> THANKSGIVING BREAK   | 21 <sup>ST</sup> THANKSGIVING BREAK   | THANKSGIVING BREAK   | 23 <sup>RD</sup> THANKSGIVING BREAK  | 24 <sup>TH</sup> THANKSGIVING BREAK   |
| 27 <sup>TH</sup> ASIAN CHICKEN OR POPCORN CHICKEN COOKED CARROTS GREEN PEAS FRIED RICE FRESH APPLES MILK CHOICE | 28 <sup>TH</sup> BEEFY NACHOS<br>SEASONED CORN<br>REFRIED BEANS<br>FRESH ORANGES<br>MILK CHOICE | 29 <sup>TH</sup> STEAKFINGERS OR<br>CHICKEN FRIED STEAK<br>MASHED POTATOES<br>GREEN BEANS<br>APPLESAUCE CUP<br>MILK CHOICE | 30 <sup>TH</sup> PIZZA CHOICE<br>CHEESY BROCCOLI<br>BABY CARROTS<br>FRUIT CHOICE<br>MILK CHOICE                                      |   |



## **ANNOUNCEMENTS:**

- INSERVICE DAY NOV 6<sup>TH</sup>
- THANKSGIVING MEAL NOV 9<sup>TH</sup>
- THANKSGIVING BREAK NOV 20<sup>TH</sup>-24TH

TEXAS DEPARTMENT OF AGRICULTURE COMMISSIONER SID MILLER

This product was funded by USDA.

This institution is an equal opportunity provider.



Updated 11/1/2023 www.SquareMeals.org

Food and Nutrition Division National School Lunch Program

square